2021 lqb2 & co Sliding Scale

Coaching

This sliding scale rate sheet is inspired by <u>Aorta</u> and <u>generative somatics</u> and is designed to be equitable for me and my coaching clients.

That said, there are many factors beyond income that determine a person's ability to pay for a service such as coaching. I trust your discernment to pick the rate that makes the most sense for you. In addition, I am very open to negotiating pricing based on budget constraints, <u>values alignment</u>, and more. I also love bartering. If you want to talk any of this through, <u>just let me know</u>.

In general, you will receive an invoice after a call finishes. Cancellations for single sessions with less than 24 hours notice will require payment of 50% of the session price.

Note: If you are looking for my consulting rate sheet, it's over <u>here</u>.

The **bolded** amounts are for my intro coaching package, three 90 minute sessions. 60 minute sessions are available at the same rate in each tier (ex: Tier 1 - \$60 / 60min session)

- Tier 5 Annual income of \$100,000 or more: **\$1500** (\$500 / 90min session)
- Tier 4 \$65,000 \$99,999: **\$1000** (\$350 / 90min session)
- Tier 3 \$55,000 \$64,999: **\$750** (\$260 / 90min session)
- Tier 2 \$40,000 \$54,999: **\$500** (\$170 / 90min session)
- Tier 1 \$25,000 \$39,999: **\$250** (\$90 / 90min session)

If you've completed my intro package, we can do a 60 or 90 minute tune up/check in at any time (<u>schedules permitting</u>, of course).